



# FOOD BANKS OF Saskatchewan

OCTOBER 2020

## donor newsletter

### ANNOUNCEMENT: \$300,000 Anonymous Gift

A Saskatchewan individual (who wishes to remain anonymous) has made a generous donation of \$200,000 in addition to a \$100,000 donation earlier this year to address food insecurity through Food Banks of Saskatchewan.

The donor has chosen to direct the latest contribution to the two largest food banks in the province: Regina Food Bank and Saskatoon Food Bank and Learning Centre. This gift was made through the South Saskatchewan Community Foundation, which serves as a bridge between donors and charities in Regina and southern SK.

“They have chosen to give to the food banks because they know this time is difficult for many and food is a necessity that can provide hope, energy, positive mental health and comfort for a better tomorrow. They hope this gift inspires others in Saskatchewan to give if they can too,” says Donna Ziegler, Executive Director of South Saskatchewan Community Foundation.

“2020 has been a difficult year for many in our community and we will put these dollars to work to ensure a food secure community,” SFBLC Executive Director Laurie O’Connor on the donation.

Regina Food Bank has seen an increase in usage since the pandemic started, serving approximately 500 clients every day. “We are incredibly touched by this gift. The fall is typically a time when our food bank sees a spike in usage and we expect this year will be no different. This gift will have a profound impact on our ability to serve,” says John Bailey, CEO of Regina Food Bank.

***Thank you VERY much to this extremely generous, anonymous donor!***



Host Lisa Peters speaks with Cheryl Zankl, South Saskatchewan Community Foundation Past Chair and David Froh, Regina Food Bank on Talk of the Town

### Watch Food Banks Canada on BNN Discuss How Food Banks Could See a Rise of Demand as Canadians are Slowly Weaned Off CERB

<https://www.bnnbloomberg.ca/video/social-policy-helps-flatten-the-curve-for-food-insecurity-food-banks-canada~2027793>





# Hunger Action Month

Hunger Action Month is a nation-wide campaign that takes place during the month of September, but it's never too late to take part. Its purpose is to raise awareness of hunger in our communities, and to take action in four key ways: Educate. Advocate. Volunteer. Donate.

Have teenagers? Try out the Impossible Choices activity and then discuss together what you would do in each situation and why.

<https://foodbankscanada.ca/impossiblechoices/index.html>

# Thank You HARVARD for Being a Great Radio Partner!

These stations have helped Food Banks of Saskatchewan reach audiences across the province with information and news.



Harvard Broadcasting crew receives a thank you from the Regina Food Bank.

# Food Banks Around the Province

Thanks to so many of you who donated fresh garden produce to the food banks across the province!

- Thanks to Charles who donated 2,890 lbs that he grew specifically for Battlefords District Food and Resource Centre! Also, thanks to City of North Battleford Employees who harvested and donated 889lbs of produce from their “Victory Garden”!



- The Melfort Food Bank received 1,300lbs of potatoes from students at the Melfort & Unit Comprehensive Collegiate and garden produce donations from City of Melfort employees.
- Rosthern Good Neighbours Food Centre were able to make pickles for future food hampers thanks to generous donations of cucumbers.



- Salvation Army Swift Current is thankful for their Hutterite friends who provide so much to the Food Bank. Fresh produce comes in daily as well as prepared food and other donations. All given with a humble “Take care and God Bless”.
- Moose Jaw Food Bank recently shared a story that encapsulates your dollars at work:

*“One family stands out in particular, a young father of four, recently left unemployed due to Covid, approached us with a great deal of uncertainty and perhaps embarrassment at having to ask for assistance. We set up a hamper pick-up time and when he showed up to receive his hamper, I noticed his pregnant wife in the front of their vehicle. At first neither of them made eye contact with me, but when they saw the hamper they were receiving, they were both overjoyed and full of emotion. They thanked us over and over. After loading their boxes with smiles on their faces, they pulled away waving as they left.*

*It is moments like these that make you realize the joy that comes from giving to others. I wish all of you who gave selflessly could witness how your acts of kindness are impacting others in our community.”*



[More Food Bank stories on the next page >](#)

- Regina Food Bank partnered with Regina Public and Catholic Schools to provide food hampers to families in need as their kids started school.



- Saskatoon Food Bank & Learning Centre partnered with the Saskatoon Public Schools Foundation to provide Cheer Crates to 400 families.



- Assiniboia, Macklin, Maple Creek, and Tisdale have all just become members of Food Banks of Saskatchewan! Please join us in welcoming them! You can make a direct donation to their work here: <https://www.canadahelps.org/en/dn/47377>

Once again, thanks to each of you for supporting our work! A full list of our supporters over the recent months can be found here: <https://skfoodbanks.ca/donors/>



## MOST WANTED FOOD ITEMS

Your donations nourish our community

|   |  |   |  |
|---|--|---|--|
| <p style="font-size: small;">Baby Food &amp; Formula</p>  | <p style="font-size: small;">Canned Vegetables</p>  | <p style="font-size: small;">Hearty Soups &amp; Stews</p>  | <p style="font-size: small;">Whole Grain Pasta</p>  |
| <p style="font-size: small;">Whole Grain Cereal</p>      | <p style="font-size: small;">Canned Protein</p>    | <p style="font-size: small;">Peanut Butter</p>            | <p style="font-size: small;">100% Fruit Juice</p>  |




## FOOD BANKS OF Saskatchewan


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